



## Mike's Gourmet E-Meal™ Newsletter

### Vegetables & Side Dishes

Artichokes Grilled with Wasabi Aioli  
Artichokes grilled  
Artichokes marinated  
Artichokes Smoked  
Asparagus Grilled with Creole Aioli  
Asparagus grilled  
Asparagus marinated  
Asparagus roasted parmesan  
Asparagus with Sichuan Sauce  
Beans baked Nashville spicy  
Beans Refried  
Beets Lemon garlic roasted  
Beets pickled  
Beets with tarragon  
Blueberry cobbler  
Broccoflower Casserole  
Broccoli lemon garlic  
Broccoli Rice Casserole  
Broccoli Steamed  
Brussels sprouts with bacon  
Cabbage Braised Red  
Cabbage Leaves Rice & Pulled Pork Stuffed  
Carrots Honey-Ginger glazed  
Carrots with Caraway  
Carrots with Tarragon  
Cole Slaw Two Ways  
Corn Fritters  
Corn Sweet Jalapeño  
Cucumber Salad Thai-style  
Green Beans & Carrots  
Green Beans and Carrots Parmesan  
Home Fries Cajun-style  
Home Fries  
Jalapenos Pickled  
Jalapenos Stuffed  
Mushrooms Stuffed  
Olive salad  
Onions Balsamic Roasted



Onions London Pub-style pickled  
Onions Sautéed Sweet  
Pasta Salad  
Peas & Carrots with Tarragon  
Peppers Stuffed Cherry  
Peppers Sweet Bell Cajun-Stuffed  
Potato Salad Red Bliss  
Potato Salad Smoked  
Potato Salad Yukon Gold  
Potato Skins Stuffed  
Potato Wedges Buffalo-style  
Potatoes Baked Idaho  
Potatoes Garlic Mashed  
Potatoes Garlic Smashed  
Potatoes Grilled New Dijon  
Potatoes Mashed Garlic  
Potatoes Mustard Roasted  
Potatoes Roasted With Chipotle  
Potatoes Twice Baked  
Rice & Peas  
Rice Aloha-style  
Rice Gourmet  
Rice Spicy Mexican  
Salad Caesar  
Snap Peas with Wild Mushrooms  
Squash Acorn Smoked  
Sugar snap peas sautéed  
Sugar Snaps & Carrots Sautéed  
Sweet Potato Cakes  
Sweet Potato Rounds  
Sweet Potatoes Bourbon Spiced  
Sweet Potatoes Candied with Cranberries  
Sweet Potatoes Nashville style  
Tomatoes Zucchini-Stuffed  
Vegetables Roasted Spring  
Veggie Melt  
Yorkshire Pudding  
Zucchini grilled