



Mike's Gourmet E-Meal™ Newsletter

Poultry Entrees

Chicken & Pork Jerk Style Menu
Chicken & Rice Casserole
Chicken a la king
Chicken Apple-Smoked Menu
Chicken Barbecued Menu
Chicken BBQ Maple Menu
Chicken Blue Ridge Glazed
Chicken Burger with Caesar Dressing
Chicken Cajun Orange-Smoked
Chicken Cajun Roasted with Apple-Sausage Dressing Menu
Chicken Cajun Roasted
Chicken Cajun-style with Dumplings
Chicken Casserole
Chicken Creole Kabobs
Chicken Cutlet Sandwich
Chicken Enchilada Menu
Chicken Enchilada with Red Sauce
Chicken Enchiladas with Cream Sauce Menu
Chicken Garlic Rosemary Roasted Menu
Chicken Grilled Garlic Cilantro Menu
Chicken Huli-Huli
Chicken Lemon with Spring Rolls
Chicken Lemon with Stir-Fry Vegetables
Chicken Mexican Shredded
Chicken Piccata
Chicken Pot Pie with Sherry Cream Sauce
Chicken Roasted with BBQ Sauce Menu
Chicken Smoked Whole
Chicken Thighs Smoked
Chicken Wings Apple Planked Buffalo
Chicken Wings Killer
Chicken Wings Two Ways
Cornish Hens Roasted Menu
Duck Filet with Port Wine Sauce Menu
Duck Pineapple-Orange
Duck Seared Breasts Menu
Duckling Christmas Menu
Guinea Fowl Roasted Menu



Jambalaya Chicken & Andouille
Jambalaya Chicken & Sausage
Ostrich Carpaccio with Herb Crust
Ostrich Peppered Medallions Menu
Pheasant Apple-Smoked Menu
Pizza Barbecue Chicken
Quail Grilled Menu
Summer Salad with BBQ chicken