



Mike's Gourmet E-Meal™ Newsletter

Beef Entrees

Beef Burgers Tijuana-style
Beef Burgers With A Bite
Beef Corned Hash
Beef Corned with Cabbage
Beef Corned with Honey-Mustard Glaze Menu
Beef Filet Mignon Balsamic Marinated Menu
Beef Filet Mignon Cajun-style New Years Eve Menu
Beef Filet Mignon Christmas Eve Menu
Beef Filet Mignon Duxelle Stuffed
Beef Filet Mignon Duxelle Stuffed Menu
Beef Filet Mignon Garlic Encrusted Menu
Beef Filet Mignon Peppercorn Menu
Beef kabobs menu
Beef luau teriyaki menu
Beef machaca
Beef Mexican Shredded
Beef Ribeye seared
Beef Ribeye Seared Menu
Beef Sichuan Stir Fry menu
Beef Steak Diane
Beef stew
Beef stew & dumplings
Beef stew Cackalacky style and dumplings
Beef stew spicy and dumplings
Bell Peppers stuffed with Ground Beef
Brisket 101
Brisket Cajun Stuffed Menu
Brisket Enchilada Menu
Brisket Onion-Braised
Brisket Smoked Flat
Brisket Texas Style
Cheeseburger avocado bacon
Cheeseburgers great smoky
Cheeseburgers Tennessee-style
Chili
Chili Pink Ribbon
Chili seven chile
Empanadas Shredded Beef



Enchiladas Shredded Beef
Enchiladas Shredded Beef Menu
Hash Red Flannel
Herbed Roast Beef Menu Christmas 2005
Meatballs Italian-style with Sauce
Meatloaf Menu
Pastrami Homemade with Sautéed Onions
Pastrami Sandwich
Prime Rib Cameron Smoked
Prime Rib Easter 2005
Reuben Sandwich
Sauerbraten Bavarian Menu
Sauerbraten with Gingersnap Gravy
Steak Salisbury New Orleans-style
Steak Top Sirloin Grilled